



Rock 'n' Troll Bistro Café

Dinner Menu



FOSSATÚN

Country Wagon	1300
<i>Smoked salmon on pesto home baked rye bread with a mix of artichokes, capers and red onion, horseradish sauce and parsley.</i>	
Mushroom Soup	
starter/main course	1200/1900
<i>Creamy soup (vegan cream or whipped cream) with Icelandic mushrooms and a drop of sherry.</i>	
Lamb Goulash Soup	
starter/main course	1600/2400
<i>Lamb, tomato, red pepper, potatoes, garlic, cumin and onion.</i>	
Plokkfiskur - Fish Stew Gratin	small/big
	1900/2700
<i>Cod in white sauce with onion, potatoes and cheese gratin. with salad, honey glazed carrots and home baked rye bread.</i>	
Lamb salad	2300
<i>Thinly sliced fillet of lamb, fresh salad, peas, blueberries, sun dried tomatoes, feta cheese and blueberry vinaigrette dressing.</i>	
Green Elf	2300
<i>Spinach, chick peas, zucchini, onion, couscous and salad.</i>	
Breaded Fillet of Sole	2600
<i>Bread crumped Fillet of Sole, with s, hash brown potatoes, honey glazed carrots, salad, shrimp & remoulade.</i>	
Lamb Fillet	3900
<i>with hash browns potatoes, honey glazed carrots, & salad.</i>	

The Duos

A Duo is a meal for one, with emphasis on local food and world spices. Two dishes from our kitchen that make one main course.

Traditional Duo	2800
<i>Lamb Goulash Soup - lamb, tomato, red pepper, potatoes, garlic, cumin and onion and Plokkfiskur - Fish Stew Gratin - cod in white sauce with onion, potatoes and cheese gratin with salad, honey glazed carrots and home baked rye bread.</i>	
Green Duo (Vegan)	2500
<i>Creamy soup (vegan cream) with Icelandic mushrooms and a drop of sherry and Green Elf - spinach, chick peas, zucchini, onion, couscous and salad.</i>	

Burger & Pizzas & Fish & Chips

Troll Burger	2400
<i>200 gr. BBQ marinated cheese burger with salad and french fries</i>	
Elf Burger	1900
<i>120 gr. BBQ marinated cheese burger with salad and french fries</i>	
Fish&Chips	1800
<i>Cod in crispy batter with french fries and mild spicy sauce.</i>	
Pizza - Margarita	1400
Pizza - Pepperoni (and onion)	1600
Pizza - Ham and mushrooms (and onion)	1800
Pizza – Vegetarian - with mixed vegetables	1800
French fries: small/big	600/1000

Deserts

Warm French Chocolate Cake	900
Apple Cake	900
<i>Cakes come with with whipped cream and strawberry</i>	

Hot drinks

Tea	350
Cafe Americano	400
Espresso/double	350/400
Cappuccino/double	450/500
Cafe latte/double	450/500
Macchiato	450
Swiss Mocha	550
Hot Chocolate with cream	550
Coffee Drinks - with whipped cream	
Irish Coffee (Whiskey)	1100
Orange Coffee (Cointreau)	1100
Fossatún Special (Whiskey & Bailys)	1200