


Rock'n Troll Restaurant

Soups & starters



- Country Wagon** 1000 ISK
Salmon bread, w/horseradish & more
- Lambgoulash Soup**  1900/2800 ISK
Rich flavour
- Mushroom soup**  1600/2300 ISK
Home made & fresh
- Tomato Basil Soup** 1600/2300 ISK
Tasteful
- Tom kha Soup**   1600/2300 ISK
Thai Coconut soup w/veggies

Mains



- Plokkfiskur - Fishstew Gratin** 3200 ISK
Cod in white sauce with onion, potatoes, bearnaise sauce and cheese. Served with honey glazed carrots, rye bread and salad.
- Lambstew**  3400 ISK
Slow cooked leg of lamb meat spiced with rosemary, paprika & mustard. mixed in vegetable. Served with rice, fried egg & salad
- Groovy vegan wrap**  3400 ISK
Delicious mix of vegetables and spices in tortilla, served with mushroom baiji, salad & rice.
- Chicken Panang**  3400 ISK
Chicken in Panang sauce, a combination of red curry, peanut, thai spices & coconut milk. Served with rice and salad.
- Bacalao Fillet of Cod** 3400 ISK
Cod with tomato based, wonderfully spiced vegetable sauce served with rice and salad.
- Fish & Chips** 3000 ISK
Deep fried battered cod with french fries, salad, mild spicy sauce & lemon.

MENU



Vegan



Gluten Free

Fossatún Duos



Taste Two dishes, a good meal for one.

- Traditional Duo** 3400 ISK
Small Lamb Goulash Soup & Plokkfiskur - Fish Stew Gratin
- Local Duo** 3400 ISK
Small Mushroom Soup & Lamb Stew
- Oriental Duo** 3400 ISK
Small Tom Ka soup & Chicken Panang.
- Southern Duo** 3400 ISK
Small Tomato basil soup & Bacalao fillet of Cod

Guests can switch soups to their preference

Burgers & stuff



- Troll Burger** 3200 ISK
200gr. BBQ cheeseburger with vegetables & fries.
- Ogress Burger** 2800 ISK
140gr. BBQ cheeseburger with vegetables & fries.
- Elf Burger**  2500 ISK
Vegan burger, mushroom baiji, salad & fries
- Pizza 12" - Margarita** 1800 ISK+
- Choose toppings:**
- Meat: Pepperoni or/ & Ham 400 ISK+
- Veggies: Onion or/ & Mushrooms 300 ISK+
- Fries** 800/1500 ISK
- Cocktail sauce 200 ISK

Sodas 0,33



Coke, coke no sugar, Pepsi,	450 ISK
Pepsi Max, 7 Up, Appelsin (orange soda), Kristall, (sparkling water)	
Monster (Energy drink)	500 ISK
Tonic, Ginger ale	350 ISK


Hot Drinks



Cafe Americano/double	550/650 ISK
Espresso/double	550/650 ISK
Cappuccino/double	600/700 ISK
Cafe latte/double	600/700 ISK
Macchiato	550 ISK
Hot Chocolate with cream	750 ISK
Swiss Mocca	800 ISK
Tea	500 ISK
Earl Grey - English Breakfast - Camomile- Lemongrass & Ginger - Green Tea & Peach Blackcurrant Cassis	

Desserts



Skyr cake with berries		1300 ISK
Apple cake		1000 ISK
Chocolate Brownie		1000 ISK
Tiramisu		1000 ISK
Chocolate Cake		900 ISK
Carrot Cake		900 ISK

Special Drinks



Gin & Tonic	1500 ISK
Handsome Johnny (vodka, ginger ale & lemon)	1500 ISK
Irish coffee (Whiskey)	1600 ISK
Orange Coffee (Contreau)	1500 ISK

Beers



Gryla -Fossatun Special Brew - (semi dark & tasteful) 0.33-5,1 %	900 ISK
Galdr (Lager) 0,33L - 4,6%	1000 ISK
Kukl (Classic lager) 0,33 - 5.0%	1100 ISK
Sorti (Dark lager) 0,33 -4,8%	1100 ISK
Úlfur (IPA) -0,33L - 5,9%	1400 ISK
Snorri (Ale) - 0,33L - 5,3%	1300 ISK
Gull - (Lager) 0,5L - 5,0 %	1250 ISK
Brío (Pilsner) - 0,5L - 4,7%	1300 ISK
Pilsner - 0,33L- 2,25%	600 ISK
Brío Wheat Ale - 0,33L 0,0%	700 ISK

White Wine



Mama Piccini Italy, Fresh & not sweet- 750ml		4400 ISK
Castillo De Molina Chile-Chardonnay-fruity & Fresh 750ml		5000 ISK
Masi Masianco Italy-Pinot Grigio-Dry & fruity 750ml		6300 ISK
Lindermans Chardonnay Australia - Medium bodied, dry with a soft finish- 750ml		5000 ISK
Lindermans Chardonnay Australia Dry with a soft finish- 750ml		1600 ISK
Montalito Pinot Grigio Italy- light bodied & dry - 187ml		1500 ISK

Red Wine



Piccini Orange Rosso Italy Fruity & fresh - 750ml		4700 ISK
Montalto Organic Italy - Medium bodied & dry 750ml		4700 ISK
Ramon Bilbao Crianza Spain - Medium bodied & dry- 750 ml		5600 ISK
Piccini Memero Rosso Italy -Smooth & dry - 375ml		3100 ISK
Barone Montalto Italy- Medium bodied & dry -750ml		5300 ISK
Ramon Bilbao Crianza Spain - Medium bodied & dry- 750 ml		1700 ISK
Barone Montalto Italy- Medium bodied & dry -187ml		1550 ISK